

HUNGRY FOR CHANGE?



GROW
FOOD. LIFE. PLANET.



HERE'S HOW TO HOLD YOUR OWN GROW 'GLOBAL DINNER CONVERSATION' EVENT.

Oxfam's GROW campaign is all about acting together to help create a world where everyone has enough to eat.

HERE'S A REALLY SOCIABLE WAY TO GET INVOLVED

Hold a GROW 'Global Dinner Conversation' event to help spread the GROW message amongst friends, family and neighbours... from the comfort of your kitchen.

A 'Global Dinner Conversation' event is a great – and entertaining – way to get behind Oxfam's campaign.

For more details about GROW and dinner events go to:
www.oxfam.org/grow

JUST FOLLOW THESE FOUR EASY STEPS:

1. PICK YOUR DATE

You can have your event any time you like. Or you can join with thousands of other people worldwide and hold it during the Global GROW Week – 15-22 October.

2. INVITE YOUR GUESTS

Whether an intimate dinner party or neighbourhood food fair, the idea is to have some fun, have something nice to eat and learn a little more about food and fairness.

3. CHOOSE YOUR MENU

This is your chance to be creative and get people talking about GROW. There is also a range of downloadable materials to help prompt a lively food-related conversation.

4. SHARE YOUR EVENT

Visit www.oxfam.org/grow to share a photo, ideas or favourite recipes from your event with other 'Global Dinner Conversation' hosts and guests across the world.

